

# PHYSICAL EDUCATION— INITIAL CERTIFICATE (GRADES K-12), BS

## Requirements

Code	Title	Hours
<b>General Education Program</b>		
Writing (WR)		3
MAT-1104	Discrete Mathematics	
Quantitative Literacy (QR)		3-4
Oral Communications (OC)		3
Fitness/Health (FH)		2-3
HS-1001	Health Issues	
Information, Technology & Media Literacy (ITML)		3
Religious Studies (RS)		3
Freshman Seminar (FS)		1
Humanistic & Creative Expression (HCE)		6
Natural & Physical World (NPW)		6-10
BIO-1107	Anatomy and Physiology I	
BIO-1108	Anatomy and Physiology II	
Philosophical, Ethical & Moral Dimensions (PEM)		6
Environment & Human Experience (SEH)		6
World Heritage & Global Perspectives (WHG)		6
<b>Physical Education Major</b>		
ED-1201	Foundations of Education	3
ED-2020	Educational Psychology	3
Select one of the following courses:		3
AED-2200	Methods of Instruction in Secondary Education	
CED-2200	Methods of Effective Teaching in the Inclusive Classroom (1-6)	
ED-3000	Teaching With Technology	3
Select three of the following courses:		6
PE-1101	Teaching Soccer/Volleyball	
PE-1102	"Skills Activities II: Basketball, Baseball, Softball"	
PE-1106	Floor Hockey	
PE-1107	Skills Activities: Track & Field	
Select one of the following courses:		2
FIT-1121	Beginning Swimming	
FIT-1123	Fitness Swimming	
PE-2202	History and Principles of Physical Education	2
PE-2208	Kinesiology	3
PE-3100	Evaluation of Physical Education	2
PE-3200	Biomechanics	2
PE-3304	Organization and Administration of Physical Education	2
PE-3305	Physiology of Exercise	3
PE-3308	Motor Learning	3
PE-3322	Introduction to Legal Issues	3
PE-4300	"Curriculum and Methods of Instruction in PE, K-12"	3

PE-4302	Physical Education for Students With Special Needs	3
PE-4616	Psychology of Sport	3
PE-4990	Supervised Student Teaching <sup>1</sup>	6
PSY-1103	Developmental Psych I: Child/Adolescent	3
Select two foreign language courses in sequence		6
HS-1206	Safety and First Aid	3
HS-1207	Nutrition	3
Liberal Arts ( <a href="https://catalog.sfc.edu/catalogue/general-information/academic-life/academic-policies/#liberalarts">https://catalog.sfc.edu/catalogue/general-information/academic-life/academic-policies/#liberalarts</a> ) <sup>2</sup>		3
<b>Total Hours</b>		<b>121-127</b>

<sup>1</sup> The successful completion of ED-4990 Supervised Student Teaching or PE-4990 Supervised Student Teaching satisfies the College's Comprehensive Examination/Thesis requirement.

<sup>2</sup> Students pursuing a Bachelor of Science degree must complete 1/2 of their degree credits (i.e. minimum 60 credits) from courses in the Liberal Arts category. For specific academic subjects, see here (<https://catalog.sfc.edu/catalogue/general-information/academic-life/academic-policies/#liberalarts>).

The General Education Program is the academic cornerstone of St. Francis College and affirms its mission to graduate educated, well-rounded students to enter and participate in a changing and culturally diverse world.

As an integrated program of studies, it focuses on developing the skills expected of a liberally educated person. It provides students with a broadly-based foundation outside their areas of specialization, an understanding of how various disciplines intersect and differ, and assists in cultivating a disposition for lifelong learning.

## Institutional Learning Outcomes:

1. Demonstrate sensitivity to creative expression
2. Communicate ideas and information through written, oral, visual and digital media
3. Employ critical and analytical skills
4. Value diverse perspectives of the human experience
5. Implement information, technology and media literacy
6. Demonstrate quantitative literacy

## Foundation Courses- First Year College (18 credits)

To ensure refinement of basic reasoning and cognitive skills needed for successful completion of any college degree program, the general education program requires 18 credits in foundational courses targeting student learning outcomes (SLOs) in writing; quantitative reasoning; oral communications; information, technology, and media literacy; fitness or health; religious studies; and the Freshman Seminar. Each student is required to successfully complete one course in each of the areas of the First Year College.

## Bodies of Knowledge (30 credits)

A selection of 30 credits in broad areas of inquiry, designated as Bodies of Knowledge, allow students the flexibility to gain breadth and depth in a field outside of a major. Each student is required to successfully complete two different courses in each of the five Bodies of Knowledge.