

EXERCISE AND SPORTS SCIENCE (HIGH PERFORMANCE COACHING), MS

Code	Title	Hours
EXM-6010	Exercise and Sports Science	3
EXM-6020	Exercise and Sports Nutrition	3
EXM-6030	Leadership: Theory and Practice	3
High Performance Coaching		
EXM-6120	Principles of Strength and Conditioning	3
EXM-6130	Analytics in High Performance	3
EXM-6140	Applied Foundation in High Performance	3
EXM-6150	Psychological Aspects: Sport & Exercise	3
EXM-6151	Grp Dynamics Exercise Sport	3
EXM-6990	Practicum in Exercise and Sport Science	3
EXM-6998	Master's Capstone: Human Movement	6
Total Hours		33