

PHYSICAL EDUCATION— INITIAL CERTIFICATE (GRADES K-12), BS

Requirements

Code	Title	Hours
General Education Program		
Writing (WR)		3
MAT-1104	Math for Liberal Arts	
Quantitative Literacy (QR)		3-4
Oral Communications (OC)		3
Fitness/Health (FH)		2-3
HS-1001	Health Issues	
Information, Technology & Media Literacy (ITML)		3
Religious Studies (RS)		3
Freshman Seminar (FS)		1
Humanistic & Creative Expression (HCE)		6
Natural & Physical World (NPW)		6-10
BIO-1107	Anatomy and Physiology I	
BIO-1108	Anatomy and Physiology II	
Philosophical, Ethical & Moral Dimensions (PEM)		6
Environment & Human Experience (SEH)		6
World Heritage & Global Perspectives (WHG)		6
Physical Education Major		
ED-1201	Foundations of Education	3
ED-2020	Educational Psychology	3
Select one of the following courses:		3
AED-2200	Methods of Instruction in Secondary Education	
CED-2200	Methods of Effective Teaching in the Inclusive Classroom (1-6)	
ED-3000	Teaching With Technology	3
Select three of the following courses:		6
PE-1101	Teaching Soccer/Volleyball	
PE-1102	Skills Activities II: Basketball, Baseball, Softball	
PE-1106	Floor Hockey	
PE-1107	Skills Activities: Track & Field	
Select one of the following courses:		2
FIT-1121	Beginning Swimming	
FIT-1123	Fitness Swimming	
PE-2202	History and Principles of Physical Education	2
PE-2208	Kinesiology	3
PE-3100	Evaluation of Physical Education	2
PE-3200	Biomechanics	2
PE-3304	Organization and Administration of Physical Education	2
PE-3305	Physiology of Exercise	3
PE-3308	Motor Learning	3
PE-3322	Introduction to Legal Issues	3
PE-4300	Curriculum and Methods of Instruction in PE, K-12	3

PE-4302	Physical Education for Students With Special Needs	3
PE-4616	Psychology of Sport	3
PE-4990	Supervised Student Teaching ¹	6
PSY-2201	Developmental Psychology I	3
Select two foreign language courses in sequence		6
HS-1206	Safety and First Aid	3
HS-1207	Nutrition	3
Liberal Arts (https://catalog.sfc.edu/catalogue/general-information/academic-life/academic-policies/#liberalarts) ²		3
Total Hours		121-127

¹ The successful completion of ED-4990 Supervised Student Teaching or PE-4990 Supervised Student Teaching satisfies the College's Comprehensive Examination/Thesis requirement.

² Students pursuing a Bachelor of Science degree must complete 1/2 of their degree credits (i.e. minimum 60 credits) from courses in the Liberal Arts category. For specific academic subjects, see here (<https://catalog.sfc.edu/catalogue/general-information/academic-life/academic-policies/#liberalarts>).

In keeping with our mission at St. Francis College, the courses you take across the liberal arts ensure that you are well-rounded, able to engage in meaningful thought and conversation both within and outside of your area of expertise, and building a foundation for future success by deepening and broadening your knowledge. Building on First Year Foundations and augmenting your major field of study, the combination of courses in the Bodies of Knowledge prepares you to meet the challenges the world presents to you with intelligence, clarity, and empathy. They will equip you to solve complex problems, contribute to your community, and improve the world you inhabit.

Institutional Learning Outcomes:

1. Demonstrate sensitivity to creative expression
2. Communicate ideas and information through written, oral, visual and digital media
3. Employ critical and analytical skills
4. Value diverse perspectives of the human experience
5. Implement information, technology and media literacy
6. Demonstrate quantitative literacy

Foundation Courses- First Year College (13-14 credits)

St. Francis College's mission, emphasizing Franciscan education, highlights access and opportunities for all students. In your first year at SFC, you will combine key skill development with courses in the liberal arts and in your areas of interest. Each of these courses and categories is essential to your success in college and beyond. Our First Year Foundations program ensures that all students will be equitably prepared to excel and achieve their goals.

Bodies of Knowledge (35 credits)

At St. Francis College, our Franciscan mission states that we "educate the whole person for a full, relational life." This means that we strive, by making certain you take courses across the liberal arts, to ensure that you are well-rounded, able to engage in meaningful thought and conversation both within and outside of your area of expertise, and create

success by deepening and broadening your knowledge. Building on First Year Foundations and augmenting your major field of study, the combination of courses in the Bodies of Knowledge prepare you to meet the challenges the world presents to you with intelligence, clarity, and empathy. They will equip you to solve complex problems, contribute to your community, and improve the world you inhabit.