

CAREER PLANNING SEMINAR (CPS)

CPS-2001 Managing Your Future: Career and Major Exploration (1 Credit)

The course focuses on assisting students' in clarifying life goals and translating those goals into an educational program. This course is designed to introduce students to the components of the academic major and career planning process by taking and analyzing personality/interests, values, and skill inventories. Students will understand and integrate their results with the intent on narrowing down specific academic and career goals. Students will also learn the relevant skills necessary for both academic and career success such as self management, presentation and networking skills, and career portfolio development which includes resume and cover letter writing. Collaborating with the Career Center, usage of the career inventories and resume building software is also a major component to the course. Offered as needed. 1 credit.

Typically offered: As Needed